



Pennington Biomedical  
Research Center  
Louisiana State University

## The Pennington/Louisiana NORC

# 2022 Nutrition and Obesity Research Methods Course: Human Subjects



Using lectures, hands-on testing and data workshops participants will learn:

- Body Composition
- Carbohydrate Metabolism (including euglycemic, hyperinsulinemic clamp)
- Exercise Energy Expenditure
- Energy Metabolism (including metabolic chamber)

Participant travel to Baton Rouge, LA is included.

Proof of Covid-19 vaccine will be required for attendance.

**Each NORC should select 2 participants to attend.  
Competitive selection encouraged.**

### **Training Course (April 26-28):**

2 participants from each NORC should be selected to attend the 2022 Nutrition & Obesity Research Methods Course on April 26-28, 2022 in Baton Rouge.

### **Pennington Biomedical Scientific Symposium (April 24-26):**

From the 2 chosen participants at each NORC, 1 should be selected to attend Pennington Biomedical's Scientific Symposium, "Biological and Behavioral Mechanisms of Weight Loss Maintenance", co-hosted by Drs. Eric Ravussin (PBRC) and Kevin Hall (NIH-NIDDK), on April 24-26, before joining the training course group. The symposium will include presentations from 15 of the top researchers on this topic and will bring together 60-70 experts and industry representatives to discuss, collaborate, and further the science in this area.



**Contact information for selected participants should be emailed to  
[Jacqueline.Fox@pbrc.edu](mailto:Jacqueline.Fox@pbrc.edu) by December 10.**